



North Liverpool Service User Guide

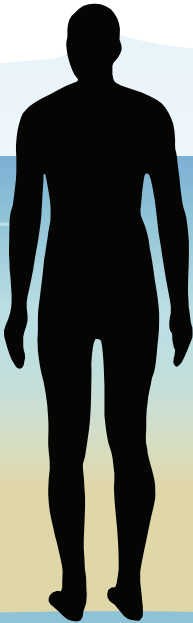


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1. Welcome to Apollo Care

This booklet will provide you with information about our company, what to expect from us and the services we provide.

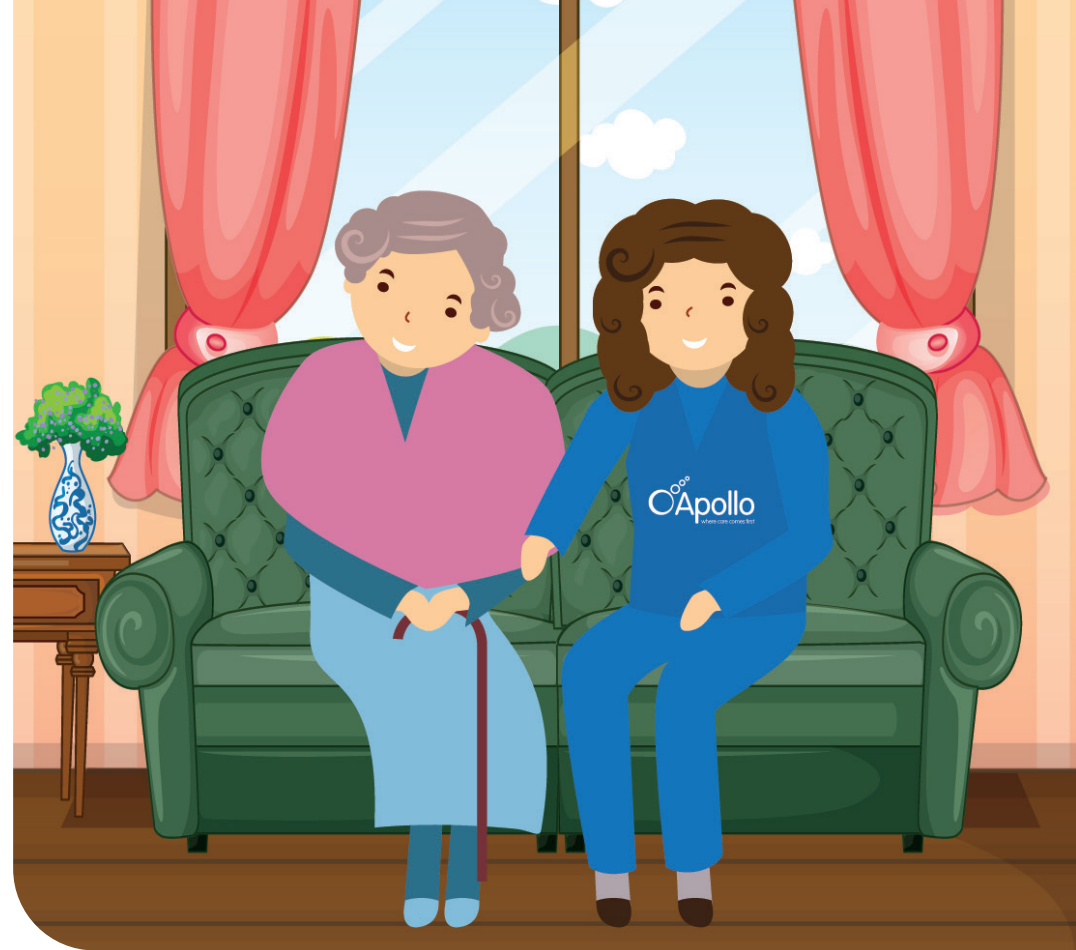
Apollo Care was established in 2011 by Cheryl White, a District Nurse, in response to the poor quality of care she had witnessed while providing nursing care to patients in their own homes. Her aim was to improve the quality of care for people living in their own homes by establishing a home care company that focussed on individual care needs.

Apollo is a domiciliary care agency that will:

“Provide individualised holistic care to individuals in the community who wish to remain living at home”

By providing care, support and advice, we enable our service users to remain as independent and self-caring as possible. We will provide assistance on an individual basis following a detailed, person centred care plan, our service users can expect an excellent service provided by trained care staff.

“We promise to provide person centred, holistic care to individuals living in their own homes.”



Apollo Care is compliant with Care Quality Commission standards and follows the **KEY LINES OF ENQUIRY** that our care teams are inspected and regulated against.

There are 5 questions that are asked of all care services. They are at the heart of everything we do and help us to make sure that we focus on the things that matter to people who use our service.

The 5 Questions

Are we safe?

You are protected from abuse and avoidable harm.

Are we effective?

Your care, treatment and support achieves good outcomes, helps you to maintain quality of life and is based on the best available evidence.

Are we caring?

Staff involve and treat you with compassion, kindness, dignity and respect.

Are we responsive to people's needs?

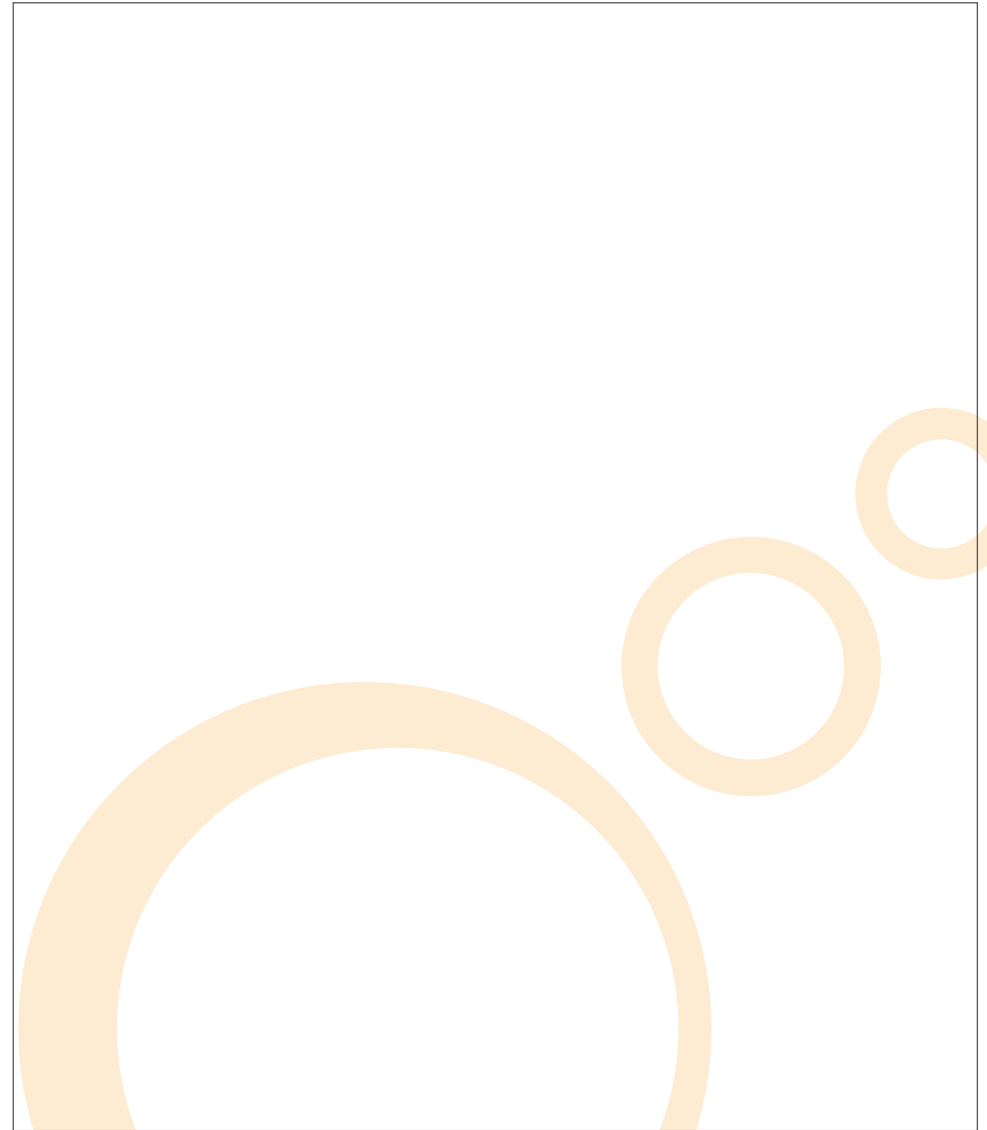
Services are organised so they meet your individual needs.

Are we well led?

The leadership, management and governance of the organisation make sure we provide high quality care that is based around your individual needs, that we encourage learning and innovation, and that we promote an open and fair culture.

What do you expect from our service?

What would your ideal outcome be and how can Apollo help you to achieve this?



2. Meet Our Team

Apollo Care (North Liverpool) is owned by Kristel Thompson who is dedicated to deliver outstanding care.

Kris: "I am immensely proud of my dedicated team who everyday deliver outstanding care with so much passion and enthusiasm and always go the extra mile."



From left to right:
Kristel, Ray, Ellen,
Laura, Faye,
Nicola, Sarah

3. Our Services

Services We Provide

Apollo Care provides several services to meet the needs of service users and their families. These include:

- Personal care
- Assistance with prescribed medication
- Meal preparation
- Housework/house keeping
- Companionship/outings
- Shopping
- 24-hour care
- Respite service



Services We Don't Provide

- Wound care
- Dressings
- Provision of continence aids
- Physiotherapy

Although we do not provide the above services, we can put you in touch with the appropriate agencies if required.

4. Recruitment Process

Care Staff Recruitment

Apollo Care has a robust recruitment policy. You can be confident that your service will be delivered by care staff who have undergone rigorous pre-employment checks, including:

- All applicants must complete an application form detailing previous employment.
- Interview by Apollo Care managers
- Reference checking: we request a reference from the applicant's previous employer and require at least 2 satisfactory references before employment can commence.
- Character references
- Enhanced disclosure from the DBS, commonly known as a police check.

Care Staff Induction

All successful applicants must complete a 12-week induction programme within their team, suitable to the role they have applied for.

The Induction process includes:

- Completion of care certificate training
- On the job "shadow shifts"
- Introduction to service users
- Regular management supervisions
- Specialist training if required



5. Delivery of your Care

Apollo Care follows the 7 core principles of dignity when providing care to service users.

Principle 1: Value the uniqueness of every individual.

Principle 2: Uphold the responsibility to shape care and support services around each individual.

Principle 3: Value communicating with individuals in ways that are meaningful to them.

Principle 4: Recognise and respect how an individual's dignity may be affected when supported with their personal care.

Principle 5: Recognise that an individual's surroundings and environments are important to their sense of dignity.

Principle 6: Value workplace cultures that actively promote the dignity of everybody.

Principle 7: Recognise the need to challenge care that may reduce the dignity of the individual.



Following initial referral, a manager from Apollo Care will visit you at home.

A full assessment of your individual care needs will be carried out, your cooperation is vital! We will need to find out as much as we can about you, to provide you with a service that suits you perfectly.

The manager will also carry out a risk assessment to ensure work can be carried out safely in your home. Don't worry! Again, this is done with your cooperation and everything will be fully explained.

Our team of care staff are fully trained to provide the best care possible. They will record and monitor your needs at each visit and report any changes or concerns to their line manager.

YOU are at the very heart of everything we do.

6. Our Better Life Services

Happiness & Wellbeing

We know that being healthy & happy is extremely important for people as they grow older. This service ensures your health & happiness are a priority to enhance your wellbeing, by delivering a service that includes social outings, home cooked meals and much more.

Comfort, Safety & Care

Deciding that either you or a loved one needs care can be an emotional time. We understand this and take time to ensure our clients feel comfortable, safe and cared for. This service is for people needing a little support in their day to day living.

Dignity & Support

We are passionate about providing dignity and support to our clients and their families with more complex care needs. We know this can be an extremely difficult time emotionally and we provide families and their loved ones with dignity and support every step of the way.



Support & Tech

Not everyone wants home visits – Some people want to feel independent and live their lives as normal. We want to empower you to carry out your daily routines as you've always done, while offering some peace of mind to loved ones. The Support and Tech package includes a motion sensor to check you're safe, a hydration sensor to make sure you're drinking enough and a door sensor to alert family members as to anything unusual. This means we can make sure you're okay and helps family members feel less anxious about you being on your own.

7. Standards that Service Users Can Expect

We promise to:

- Always promote your independence
- Treat you as an individual
- Maintain your dignity and respect
- Respect your right to privacy, confidentiality and equal opportunity
- Show respect for your home and personal belongings
- Deliver a person-centred care package to suit your needs
- Arrive to deliver your care on time (within a 15-minute window time frame)

Quality Assurance

At Apollo Care, we want to provide you with the best possible service that we can. Your needs will be continually reassessed and we welcome feedback from you and your family members.

Our focus is **PERSON CENTRED CARE** and we encourage you to be actively involved in your care planning, implementation and review.

We have a 24 hour “live” feedback form on our website that you can use to leave any comments, good or bad, that you wish us to know about. We love to hear from you! There is also a direct link to leave your feedback on the CQC website, this then helps towards our annual inspections. Your opinion really does matter so tell us what you think.

8. Our Procedures

Handling Your Money

Any financial transactions that take place must be identified in your care plan. This may include:

- Shopping
- Paying of bills
- Collection of pensions
- Bank transactions

Bequest in Wills

Employees of Apollo Care are not allowed to act as witness on wills or any other legal documents concerning a service user.

Manual Handling

Our care teams are trained in all aspects of manual handling. We do have a very strict minimal lifting policy to protect both staff and service users from injury. If equipment for manual handling is required, our staff will be able to use it when it has been risk assessed and provided by a member of the multi-disciplinary team.

Confidentiality

Information that is provided by you will be treated with respect and will be treated as highly confidential. Apollo care is fully compliant with GDPR and any information we hold will be managed within the law.

Medication

All staff are trained in the management of service user medication and administration. We can assist with prescribed medication and some homely remedies as required. Blister packs are our preferred choice of administration, but short-term medication can be given from original pack.

Complaints and Compliments

We hope that you will be satisfied with the care you receive from Apollo Care, but should there be any matter which you feel requires attention, we ask that you first bring it to the attention of your care assistant. Often worries are only due to misunderstandings and can be dealt with there and then.

However, should you feel dissatisfied please contact the Apollo Care office on 0151 645 9411 and a member of our office team will be pleased to help in any way possible. If you wish you may ask a friend or relative to do this on your behalf.

A member of the office team will fully investigate your concerns and let you have a reply as soon as possible, always within a maximum of 28 days. However, if you are not satisfied with the outcome of your complaint you can bring the matter to the attention of the managing director;

Mrs Kristel Thompson
0151 482 5743 or 0151 370 0236
07879 191 517
k.thompson@apollocare.co.uk

Apollo Care North Liverpool
105 Boundary Street
Liverpool
L5 9YJ

9. Terms & Conditions

Payment

Payment for services provided will be itemised on an Apollo Care invoice and issued on a monthly basis. Each visit will be listed along with the individual charge for each visit. Fees are due for payment within 7 days of receipt of our invoice. Cash payments must not be given to care staff, all payments should be forwarded to your Apollo management team.

Equipment

Apollo Care will provide all PPE equipment (such as gloves and aprons), that is required to carry out care activities as agreed. Other agencies will provide and maintain other necessary equipment such as hoists, commodes, pressure equipment etc. Cleaning equipment must be provided by the service user.

Equal Opportunitites

Apollo Care aims to satisfy the needs of service users and staff by providing equal opportunities, irrespective of age, sex, marital status, race, disability or sexuality.

Insurance

Apollo Care holds full insurance cover by a specialist care insurance company.



Cancellation

If you wish to cancel a booked visit, we will require 3 days' notice. Failing to provide notice will result in full payment for the visit expected. If you wish to cancel your care package, we will require 28 days' notice, in writing, to the manager at the office address.

10. Hours of Operation

Office Hours

9am-5pm Monday to Friday
0151 482 5743

Out of Office Hours

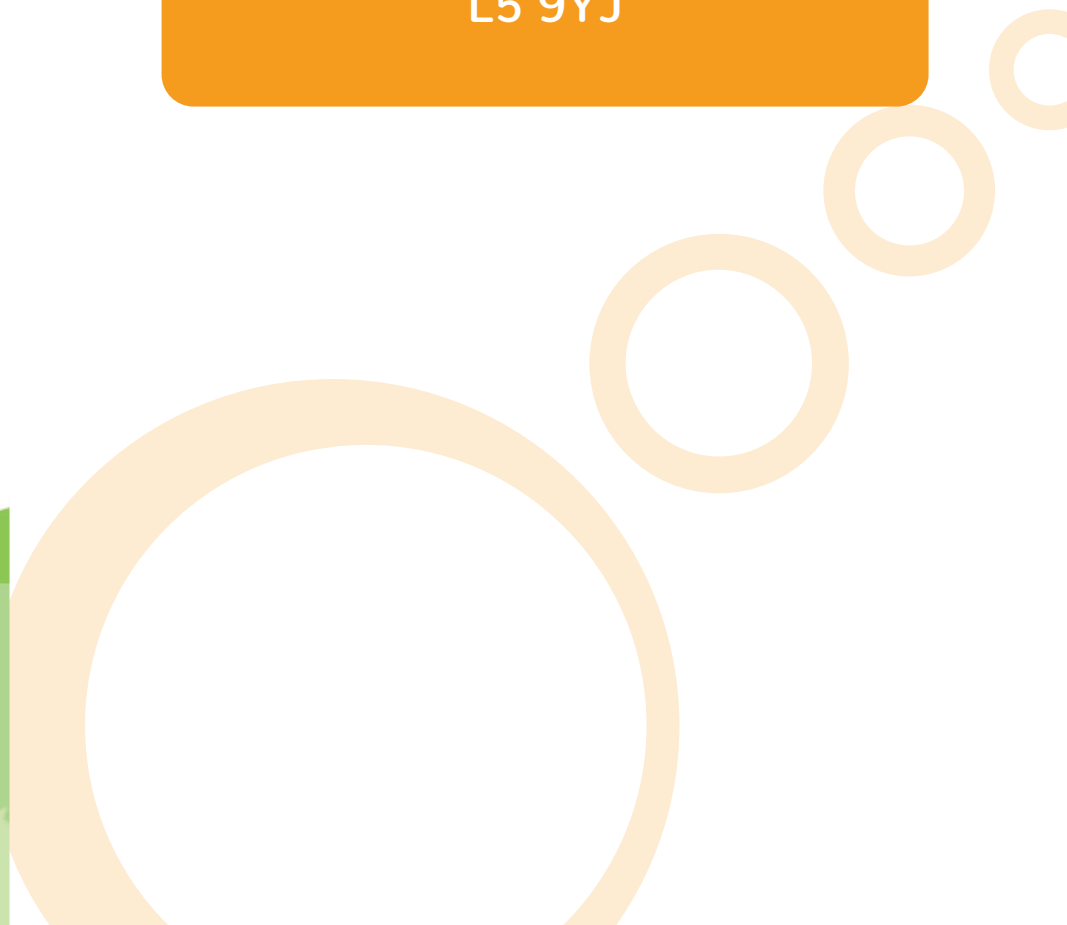
5pm-9am
07879 191 517

Enquiries can be emailed to:

k.thompson@apollocare.co.uk
n.miles@apollocare.co.uk

Our office is
located at:

Apollo Care North Liverpool
105 Boundary Street
Liverpool
L5 9YJ



11. Useful Links & Community Contacts

Parkinsons Society

Tel: 0808 800 0303

Email: hello@parkinsons.org.uk

Website: www.parkinsons.org.uk

Age Concern Liverpool & Sefton

179 Townsend Lane, Liverpool, L13 9DY

Tel (Liverpool): 0151 330 5678

Tel (Sefton): 01704 542 993

Email: mail@ageconcernliverpoolandsefton.org.uk

Website: www.ageconcernliverpoolandsefton.org.uk

Alzheimers Society (Sefton Local Service Office)

Gordon House 3-5 Leicester Street, Southport, PR9 0ER

Tel: 01704 539 967

Email: southport@alzheimers.org.uk

Website: www.alzheimers.org.uk

Mind

Tel: 0300 123 3393

Email: info@mind.org.uk

Website: www.mind.org.uk

Southport Mcmillan Information & Support Centre

20 Stanley Street, Southport, PR9 0BY

Tel: 01704 533 024

Email: hello@seftoncancersupport.org.uk

Website: www.seftoncancersupport.org.uk

Sefton Carers Centre

27-37 South Road, Waterloo, Liverpool, L22 5PE

Tel: 0151 288 6060

Email: help@carers.sefton.gov.uk

Website: www.sefton-carers.org.uk

Sefton Arc Healthcare & Security Services

209 Linacre Lane, Bootle, Merseyside, L20 6AD

Tel: 0800 622 6107

Email: info@seftonarc.com

Website: www.seftonarc.com

Age U.K.

17a Cambridge Walks, Southport, Merseyside, PR8 1EN

Phone: 0300 303 1234

Email: southportoffice@ageuklancashire.org.uk

Website: www.ageuk.org.uk

Autism Initiatives

Autism Initiatives UK, 7 Chesterfield Road, Liverpool, L23 9XL

Tel: 0151 330 9500

Email: info@autisminitiatives.org

Website: www.autisminitiatives.org

Bootle Buddies

St John and St James Church and Community Centre, 71 Bailey Drive,

Bootle, Liverpool, Merseyside, L20 6EX

Tel: 0151 933 2116 (Older Persons Development Officer)

Email: maryorrelltrust@outlook.com

Website: www.stjohnandstjames.org

The Brain Charity

Norton Street, Liverpool, Merseyside, L3 8LR

Tel: 0151 298 2999

Email: info@thebraincharity.org.uk

Website: www.thebraincharity.org.uk

Diabetes U.K.

123 Sefton Street, Southport, Merseyside, PR8 5DD

Tel: 01704 530 729

Email: info@diabetes.org.uk

Website: www.diabetes.org.uk

British Red Cross Medical Loan Services

Bradbury House Tower Street, Liverpool, L3 4BJ

Tel: 0151 702 5068

Website: www.redcross.org.uk

The Foot Care Home Visit Services

Tel: 0800 978 8446

Email: info@thefootcareservice.co.uk

Website: www.thefootcareservice.co.uk

Nail Cutting Service Home Visit

Contact David Guidera, Manager

Tel: 0800 206 2264

Email: nailcarers@gmail.com

Merseyside Fire & Rescue Services

Bridle Road, Bootle, L30 4YD

Phone: 0151 296 4000

Website: www.merseysidefire.gov.uk

Access Sefton Insight Healthcare

62-68 Strand Road, Bootle, Merseyside, L20 4BG

Tel: 0151 922 0984

Email: phil.tattersall@aspirationscare.com

Website: www.aspirationscare.com

Community Mental Health Team (NHS) South Sefton

Mersey Care NHS Trust, South Sefton Neighbourhood Centre,

Park Road, Waterloo, L22 3XR

Tel: 0151 330 8516

Website: www.merseycare.nhs.uk

Mainstream Sefton

Merseyside Community Mental Health Services, 25 Hope Street,

Liverpool, L1 9BQ

Tel: 0151 709 2366

Email: imagine@imaginementalhealth.org.uk

Website: www.imaginementalhealth.org.uk

Acute Care Team (North Sefton)

Hesketh Centre, 51-55 Albert Road, Southport, PR9 0LT

Tel: 01704 383 100

Email: elizabeth.redwood@merseycare.nhs.uk

Website: www.merseycare.nhs.uk

Anxiety UK

Tel: 03444 775 774

Text Service: 07537416905

Email: info@anxietyuk.org.uk

Website: www.anxietyuk.org.uk

Affordable Warmth Scheme

Magdalene House, 30 Trinity Road, Bootle, L20 3NJ

Tel: 0151 934 2222

Email: christina.chislett@sefton.gov.uk

Email: phil.povey@sefton.gov.uk

Website: www.sefton.gov.uk/.../fule-poverty.aspx



Liverpool Law Society

222 Cotton Exchange Buildings, Old Hall Street, L3 9LQ

Phone: 0151 236 6998

Website: www.liverpoollawsociety.org.uk

Sefton Advocacy Service

Unit 15-16, The Shakespeare Centre, 43-51 Shakespeare Street, PR8 5AB

Tel: 0174 500 500

Email: info@seftonadvocacy.info

Website: www.seftonadvocacy.org

Citizens Advice (Sefton - Bootle)

Goddard Hall, 297 Knowsley Road, Bootle, L20 5DF

Tel: 0151 288 5863

Email: mail@seftoncab.org.uk

Website: www.seftoncab.org.uk

Sefton Arc Telecare

Sefton Council, 209 Linacre Lane, Bootle, L20 6AD

Tel: 0800 622 6107

Email: info@seftonarc.com

Website: www.seftonarc.com

Bladder & Bowel U.K.

Burrows hse.10 Priestly Road, Manchester, M28 2LY

Tel: 0161 607 8219

Email: bladderandboweluk@disabledliving.co.uk

Website: www.bladderandboweluk.co.uk

Cruse Bereavement Care

Vine House, 22 Cromwell Road Preston, PR2 6YB

Tel: 0808 808 1677

Website: www.cruse.org.uk

Bereavement Advice Centre

Heron House, Timothy's Bridge Road, Stratford Enterprise Park,
Stratford-upon-Avon, Warwickshire

Tel: 0800 634 9494

Email: info@bereavementadvice.org

Website: www.bereavementadvice.org

Sefton Choices

Deaneries office, 297 Knowsley Rd, Bootle, L20 5DF

Tel: 0151 922 3760

Email: choices@seftonchoices.fsnet.co.uk



www.apollocare.co.uk

